

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
7	<p>FAMILIES O1</p> <p>L1: Different types of stable relationships which can contribute to human happiness</p>	<p>RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O6</p> <p>L2-4: Positive and healthy friendships and practical steps to improve respectful</p>	<p>RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O7</p> <p>L5-7: To treat and be treated with respect in school and society and impact of bullying</p>	<p>ONLINE AND MEDIA O12</p> <p>L8-9: Rights, responsibilities and opportunities online</p>	<p>ONLINE AND MEDIA O13</p> <p>L10-11: How information and data is collected and shared online</p>	<p>INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O21</p> <p>L12-13: Identifying and managing peer pressure</p>
8	<p>FAMILIES O2</p> <p>L1-2: Marriage, legal status, rights and protections</p>	<p>RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O8</p> <p>L3-4: How stereotypes based on sex, gender, race, religion, disability can cause damage</p>	<p>ONLINE AND MEDIA O14</p> <p>L5-6: Online risks including consent and sharing material</p>	<p>ONLINE AND MEDIA O15</p> <p>L7-10: Misinformation, disinformation and cybercrime</p>	<p>INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O22</p> <p>L11-12: Facts about reproductive health, fertility and menopause</p>	<p>INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O23</p> <p>L13-14: Characteristics and positive aspects of healthy one-to-one relationships</p>
9	<p>FAMILIES O3</p> <p>L1-2: Determining whether people are trustworthy and safe</p>	<p>RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O9</p> <p>L3: Rights and responsibilities regarding equality</p>	<p>ONLINE AND MEDIA O16</p> <p>L4-5: Impact of viewing sexually explicit material including pornography</p>	<p>BEING SAFE O18</p> <p>L6-7: Concepts and laws regarding FGM</p>	<p>INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O24</p> <p>L8-10: Characteristics of healthy intimate relationships and how the choices we make in relationships can impact our health</p>	<p>INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O25</p> <p>L11-12: Identifying and managing sexual pressure and choice to delay sex</p>
10	<p>FAMILIES O4</p> <p>L1-2: Roles and responsibilities of parents with respect to raising children and characteristics of successful parenting</p>	<p>RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O10</p> <p>L3: Violent and criminal behaviour in relationships including coercive control</p>	<p>ONLINE AND MEDIA O17</p> <p>L4: Criminal consequences of viewing and sharing indecent images of children</p>	<p>BEING SAFE O19</p> <p>L5: Concepts and laws regarding coercion and forced marriage</p>	<p>INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O26</p> <p>L6-7: Pregnancy facts including miscarriage and contraception</p>	<p>INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O27</p> <p>L8: Sexually transmitted diseases including HIV, AIDS, STI's and STD's, impact and treatment</p>
11	<p>FAMILIES O5</p> <p>L1: Pregnancy choices, abortion and adoption</p>	<p>RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O11</p> <p>L2: Sexual harassment</p>	<p>BEING SAFE O20</p> <p>L3-6: Concepts and laws relating to sexual consent, sexual exploitation, grooming and rape</p>	<p>INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O28</p> <p>L7-8: Alcohol and drugs and their effect on risky sexual behaviour</p>		

AUTUMN 1

FAMILIES O1

Different types of stable relationships which can contribute to human happiness

To recognise:

- there are different types of relationships including friendship, family, professional, platonic and intimate
- relationships can be based on age, gender and interests
- the factors which support relationships to become committed and stable and how relationships contribute to human happiness
- romantic relationships in Islam and wider society

AUTUMN 2

RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O6

Positive and healthy friendships and practical steps to improve respectful relationships

To recognise:

- the characteristics of positive and healthy friendships including trust, respect, honesty and generosity
- how to respect privacy and boundaries in relationships and friendships
- how to manage disputes and conflict
- the importance of respect and humility in managing conflict in relationships

SPRING 1

RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O7

To treat and be treated with respect in school and society and impact of bullying

To recognise:

- what it means to show respect and how this is reciprocated
- respect in Islam and why we should respect others including our parents and those in authority
- the different forms of bullying, including cyberbullying and its impact
- how to combat bullying and where to get help

SPRING 2

ONLINE AND MEDIA O12

Rights, responsibilities and opportunities online

To recognise:

- that expectations regarding behaviour are the same online and offline
- how to manage our time online
- the Islamic perspective on how we interact online and through media
- the rights and responsibilities of online users

SUMMER 1

ONLINE AND MEDIA O13

How information and data is collected and shared online

To recognise:

- the uses of personal and sensitive personal data
- situations where data is shared about us and when it is obtained from us
- how data may be used to influencing decisions about us now and in future
- strategies we can use to better manage our data and online activities

SUMMER 2

INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O21

Identifying and managing peer pressure

To recognise:

- peer pressure and how it can affect us
- how to manage peer pressure
- how we can in pressurised situations analyse the consequences of our actions
- how to maintain an awareness of responsibility as Muslims when faced with peer pressure

AUTUMN 1

FAMILIES O2

Marriage, legal status, rights and protections

To recognise:

- what marriage is including its legal status
- the importance of marriage in Islam
- Islamic perspectives on marriage
- Nikah ceremonies can be either legally registered or un-registered and the consequences of each

AUTUMN 2

RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O8

How stereotypes based on sex, gender, race, religion, disability can cause damage

To recognise:

- bias, stereotyping, discrimination and prejudice
- how stereotyping on sex, gender, race, religion, sexual orientation can lead to discrimination and prejudice
- how to challenge prejudicial behaviour
- the Islamic perspective on how we behave with those who choose a different lifestyle to us

SPRING 1

ONLINE AND MEDIA O14

Online risks including consent and sharing material

To recognise:

- that features of the internet can amplify risks and opportunities, e.g. speed and scale of information sharing, boundaries and a perception of anonymity
- and establish personal values and clear boundaries around aspects of life that we want to remain private
- the benefits of social media, including how it can offer opportunities to engage with a wide variety of views on different issues
- the role of consent when sharing material from others

SPRING 2

ONLINE AND MEDIA O15

Misinformation, disinformation and cybercrime

To recognise:

- the impact of misinformation and disinformation
- that on any issue there will be a range of viewpoints and how extreme views impact people's attitudes and behaviours
- to respond appropriately when things go wrong online, including confidently accessing support and reporting to authorities and platforms
- factors which contribute to young people becoming involved in cybercrime

SUMMER 1

INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O22

Facts about reproductive health, fertility and menopause

To recognise:

- the implications for mental and physical health whilst going through adolescence and managing growth and change including puberty and menstruation
- Islamic perspectives on puberty, menstruation and nocturnal emissions
- the facts about reproductive health
- the physical effects of the menopause

SUMMER 2

INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O23

Characteristics and positive aspects of healthy one-to-one relationships

To recognise:

- the most important relationships we have in our lives
- characteristics of positive intimate relationships
- why some people choose to have intimate relationships outside marriage
- that healthy one-to-one relationships are built on key values including mutual respect, trust, empathy and gratitude

AUTUMN 1

FAMILIES O3

Determining whether people are trustworthy and safe

To recognise:

- what it means to be trustworthy and how to develop this trait
- whether people are trustworthy
- when other children and/or adults are using manipulation, persuasion or coercion and how to respond
- and judge when a relationship is unsafe

AUTUMN 2

RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O9

Rights and responsibilities regarding equality

To recognise:

- equality in Islam
- legal perspectives on equality
- how to challenge prejudice and hate
- how and where to access support and help when experiencing hate and abuse

SPRING 1

ONLINE AND MEDIA O16

Impact of viewing sexually explicit material including pornography

To recognise:

- the physiological and psychological impact of viewing pornographic material
- the Islamic perspective on viewing sexually explicit material
- the negative impact of viewing pornography on behaviour towards partners and spouses
- strategies to deal with temptation and avenues of support

SPRING 2

BEING SAFE O18

Concepts and laws regarding FGM

To recognise:

- myths, risks and legal perspectives on FGM i.e. it is a criminal act
- Islamic perspectives on FGM
- the mental and physical affects of FGM
- strategies to safely access support for those at risk

SUMMER 1

INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O24

Characteristics of healthy intimate relationships/how the choices we make in relationships can impact our health

To recognise:

- that healthy, strong relationships need to be developed and take time, effort and investment
- characteristics of healthy relationships
- how our mental health is impacted by the choices we make in maintaining relationships and marriage
- the impact and consequences of adultery

SUMMER 2

INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O25

Identifying and managing sexual pressure and choice to delay sex

To recognise:

- the role of those around us, including the media in promoting certain sexual behaviours
- how to manage sexual pressure from peers, society and the media
- why people of faith, including Muslims choose to delay sex
- Islamic perspectives on celibacy, delaying sex and sexual gratification

AUTUMN 1

FAMILIES O4

Roles and responsibilities of parents with respect to raising children and characteristics of successful parenting.

To recognise:

- the roles and responsibilities of parents, carers and children in families
- the rights of parents, children and extended family members in Islam
- the importance of stability in family life for raising children
- the importance of developing parenting skills and the services available to support young or new parents

AUTUMN 2

RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O10

Violent and criminal behaviour in relationships including coercive control

To recognise:

- what is meant by coercion
- signs of coercive control in relationships
- mental and physical effects of psychologically abusive relationships
- how to access support for relationships which are controlling and mentally abusive

SPRING 1

ONLINE AND MEDIA O17

Criminal consequences of viewing and sharing indecent images of children

To recognise:

- what constitutes a criminal offence in regard to viewing or sharing indecent images of children
- that sharing or viewing indecent images of children carries severe penalties, including jail
- the impact and consequences on families when a family member is found guilty of viewing or sharing indecent images
- how to access advice and support if we suspect someone is being exploited or abused

SPRING 2

BEING SAFE O19

Concepts and laws regarding coercion and forced marriage

To recognise:

- cultural and historical perspectives on marriage
- the differences between arranged and forced marriage
- the impact of forced marriage on those involved in it
- legal and Islamic perspectives on coercion and forced marriage

SUMMER 1

INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O26

Pregnancy facts including miscarriage and contraception

To recognise:

- facts about pregnancy and birth
- Islamic perspectives on pregnancy and birth
- the role of contraception and Islamic viewpoints on it
- how to access support for those experiencing difficulties in pregnancy and birth and for those dealing with miscarriage and loss

SUMMER 2

INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O27

Sexually transmitted diseases including HIV, AIDS, STP's and STD's, impact and treatment

To recognise:

- the difference between STIs and STDs
- impact of, and treatment for STIs and STDs
- how Islamic practices can limit transmission of STIs and STDs
- how to access support for sexual health problems

AUTUMN 1

FAMILIES O5

Pregnancy choices, abortion and adoption

To recognise:

- the choices we can make regarding pregnancy and where we can access advice and support
- the options available for those unable to have children
- why people choose to adopt or foster children
- legal and Islamic perspectives on abortion

AUTUMN 2

**RESPECTFUL RELATIONSHIPS,
INCL. FRIENDSHIPS O11**

Sexual harassment

To recognise:

- what constitutes sexual harassment
- how to tackle sexual harassment
- the impact of sexual harassment on individuals
- where to access support for those being sexually harassed or witnessing sexual harassment

SPRING 1

BEING SAFE O20

Concepts and laws relating to sexual consent, sexual exploitation, grooming and rape

To recognise:

- what it means to give, deny and withdraw consent
- that some people build relationships, trust and emotional connections with others so they can manipulate, exploit and abuse them
- the law regarding sexual consent, sexual assault and rape
- how to support those who have suffered sexual assault and abuse

SPRING 2

**INTIMATE AND SEXUAL
RELATIONSHIPS, INCL.
SEXUAL HEALTH O28**

Alcohol and drugs and their effect on risky sexual behaviour

To recognise:

- different types of intoxicants and their legal status
- the effects of alcohol and drugs on people using them
- Islamic perspectives on alcohol, drugs and intoxicants
- how alcohol and drug use can lead to risky sexual behaviour